



## Access Checklist

Does your organisation have:

- |  |                          |
|--|--------------------------|
| Accessible parking close to premises   | <input type="checkbox"/> |
| Clear internal and external signage  | <input type="checkbox"/> |
| Clear path of travel from outdoor to indoor areas                                      | <input type="checkbox"/> |
| Wide self-opening or easy-to-open doors  | <input type="checkbox"/> |
| Colour contrast door frames  | <input type="checkbox"/> |
| Clear and wide walkways  | <input type="checkbox"/> |
| Accessible website with information about services                                     | <input type="checkbox"/> |
| Alternatives to visible and audible information  | <input type="checkbox"/> |
| Brochures/information displays at accessible heights                                   | <input type="checkbox"/> |
| Good lighting  | <input type="checkbox"/> |
| Accessible toilet  | <input type="checkbox"/> |
| Assistance animals are accommodated  | <input type="checkbox"/> |
| Sensory friendly environment   | <input type="checkbox"/> |
| Programs and activities suitable for supported or independent participation            | <input type="checkbox"/> |
| Staff and organisers are knowledgeable about accessibility features and protocols      | <input type="checkbox"/> |
| Feedback system available to continuously improve offerings based on participant input | <input type="checkbox"/> |

## Here to help

For more information on planning issues, building approval and local access requirements:

**Narrabri Shire Council**  
Phone: 02 6799 6866  
[www.narrabri.nsw.gov.au](http://www.narrabri.nsw.gov.au)

For more information on inclusive sport, legal issues and responsibilities:

**Australian Sports Commission**  
General Enquiries: 02 6214 1111  
[www.ausports.gov.au](http://www.ausports.gov.au)  
Diversity, Equity & Inclusion: [dei@ausports.gov.au](mailto:dei@ausports.gov.au)

**Australian Human Rights Commission**  
General Enquiries: 1300 369 711  
[www.humanrights.gov.au](http://www.humanrights.gov.au)  
TTY: 1800 620 241 (toll free)  
Complaints: 1300 656 419 or 9284 9888  
Translating and Interpreting Service: 131 450

**Standards Australia**  
[www.standards.org.au](http://www.standards.org.au)  
Phone: 1800 035 822

For more information on design ideas and contacting an access consultant:

Phone: 0493 100 306  
[www.access.asn.au](http://www.access.asn.au)

 46-48 Maitland Street  
PO Box 261, Narrabri NSW 2390  
 P. (02) 6799 6866  
F. (02) 6799 6888  
 W. [narrabri.nsw.gov.au](http://narrabri.nsw.gov.au)  
E. [council@narrabri.nsw.gov.au](mailto:council@narrabri.nsw.gov.au)



# ALL INCLUSIVE Sports

How to encourage access and inclusion at all levels including sports and recreation.



# Understanding the needs of different users

People join sports for fitness, social connection, mental well-being or fun. Ensuring access to spaces, activities and information in various ways creates an inclusive club for all.



## THINGS TO KEEP IN MIND

Consider visual, hearing, motor and cognitive disabilities when planning sports and recreational activities. Accessible facilities, modified equipment or alternative communication can help everyone participate.



## Five ways to improve access and inclusion

### 1. INCLUSIVE PARTICIPATION

- Let players with disabilities show their skills alongside others and adjust as needed.
- Train staff, volunteers and coaches in disability awareness.
- Offer programs for supported or independent participation.
- Run presentations or Come & Try Days to welcome people with disabilities.



### 2. VENUE ACCESSIBILITY

- Use one main entrance for all – no separate doors.
- Provide clear, continuous paths to and within the facility.
- Add colour-contrasted signs in accessible formats (e.g. large print, audio).
- Create a sensory-friendly space, avoiding bright lights or loud noise.
- Include accessible parking and drop-off zones near entrances.

### 3. MARKETING AND PROMOTION

- Add an “all abilities welcome” statement to registration and promo materials.
- Highlight your accessible programs and facilities widely.
- Share content in formats like captions, Auslan or clear English for all to understand.
- Note if you’re a Registered NDIS provider with accessible offerings.

### 4. SIMPLIFIED REGISTRATION

- Make forms accessible with clear prompts.
- Provide an Easy English version of registration forms.
- Offer trained staff to assist with sign-ups.
- Group players by skill level, not disability.
- Ask what participants can do – don’t assume.

### 5. INCLUSIVE ENVIRONMENT

- Reward members who champion inclusion.
- Check in regularly for feedback and adjustments.
- Promote fair, inclusive policies and play.
- Keep contact and booking processes simple.